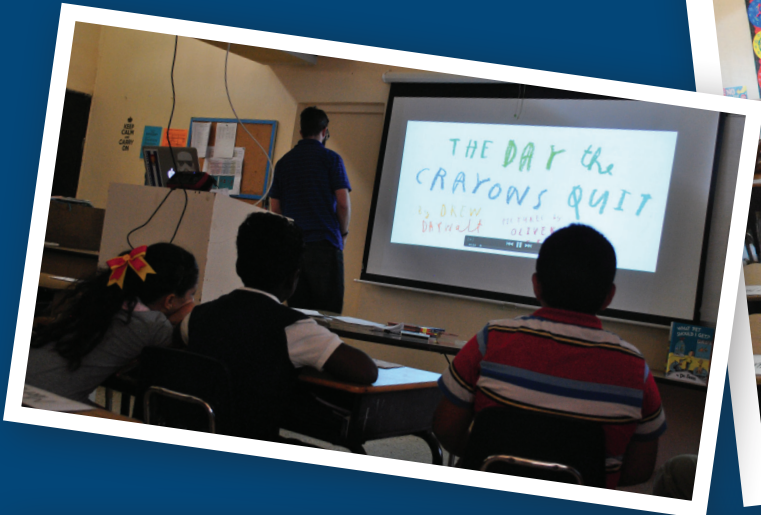




# news

news from the trunk

Thursday, September 3rd 2015



3RD GRADE

PRESENTS

A 21<sup>ST</sup>

CENTURY

ASSEMBLY!



## LETTER FROM THE SUPERINTENDENT

DEAR PARENTS,

AT KAS WE PRACTICE EMERGENCY SAFETY DRILLS. THERE ARE THREE TYPES OF DRILLS THAT WE PRACTICE WITH ALL THE CHILDREN AND ALL THE ADULTS ON THE CAMPUS (INCLUDING PARENTS WHO HAPPEN TO BE ON THE CAMPUS AT THE TIME OF A DRILL). THE EMERGENCY DRILLS ARE: FIRE EMERGENCY DRILL, SAFE-HAVEN EMERGENCY DRILL; AND, UNWANTED INTRUDER-ON-CAMPUS EMERGENCY DRILL.

WHEN WE DO THESE DRILLS WE FOLLOW A STRICT KAS EMERGENCY DRILL STANDARD OPERATING PROCEDURES. THE ADULTS (TEACHERS AND SUPPORT STAFF) KNOW EXACTLY WHAT THEIR RESPONSIBILITIES ARE, AND WHAT THEY ARE DO TO IN CASE OF ACTUAL EMERGENCY. THE DRILLS WERE PRACTICED WITH OUR STAFF BEFORE WE OPENED THE SCHOOL THIS YEAR. NOW WE ARE PRACTICING THE DRILLS WITH ALL STUDENTS AND STAFF.

I AM PLEASED TO TELL YOU THAT THE CHILDREN AND STAFF HAVE PERFORMED EXCELLENTLY DURING DRILLS. YESTERDAY, FOR EXAMPLE, WE HAD A SAFE-HAVEN DRILL IN WHICH ALL STUDENTS FROM NURSERY SCHOOL TO GRADE 12, AND ALL THE TEACHERS AND SUPPORT STAFF ADULTS, CARRIED OUT A FLAWLESS DRILL. THE CHILDREN WERE RESPECTFUL, THEY SHOWED EXCELLENT BEHAVIOR AND MATURITY, THEY WERE HELPFUL TO EACH OTHER; AND, AND THEY WERE COOPERATIVE.

PLEASE LET YOUR CHILDREN KNOW THAT YOU KNOW WE HAVE THESE DRILLS FOR THEIR SAFETY. AND DO LET THEM KNOW HOW VERY PROUD THE TEACHERS AND I AM OF HOW SUCCESSFUL THEY HAVE BEEN IN CARRYING OUT THE DRILLS.

THANK YOU AND HAVE A PLEASANT WEEK-END.

DR. ROBERT BECK  
SUPERINTENDENT



3 ON 3 BASKETBALL  
AT UNITY HIGH SCHOOL (UHS)  
SEPTEMBER 12TH, 2015

PTA BAKE SALE  
SEPTEMBER 17TH, 2015

## LETTER FROM THE MIDDLE AND HIGH SCHOOL PRINCIPAL

ONE OF THE BEST WAYS TO KNOW WHAT YOUR CHILD IS DOING IN HIS/HER CLASSES IS THROUGH ENGRADE PRO.

KHARTOUM AMERICAN SCHOOL IS PART OF THIS FASTING GROWING ONLINE EDUCATION PLATFORM AND LEARNING MANAGEMENT SYSTEM. ENGRADE PRO IS USED WORLDWIDE BY MORE THAN 4,000,000 STUDENTS AND PARENTS TO KEEP UP WITH CLASS GRADES, ASSIGNMENTS AND HOMEWORK. OUR MIDDLE SCHOOL AND HIGH SCHOOL TEACHERS USE THIS GREAT TOOL TO MAKE THEIR CLASSES AVAILABLE ONLINE AND TO COMMUNICATE BETTER WITH STUDENTS AND PARENTS.

TO VIEW YOUR STUDENT'S GRADES, ASSIGNMENTS AND HOMEWORK, YOU WILL NEED THE PARENT USERNAME AND PASSWORD. MS. EGBAL, OUR COMPUTER TEACHER WILL PROVIDE YOU WITH A SLIP OF PAPER THAT HAS ALL THE INFORMATION THAT YOU NEED TO LOG IN, IF YOU AREN'T ALREADY LOGGED IN. IF YOU NEED HELP WITH LOGGING INTO ENGRADE, PLEASE DON'T HESITATE TO CONTACT THE SCHOOL AND SET UP A MEETING WITH MS. EGBAL.

SOME ASSIGNMENTS MAY BE AVAILABLE FOR ONLINE "TURN-IN." IF SO, YOUR SON/DAUGHTER MAY CLICK "TURN-IN" TO UPLOAD A DOCUMENT.

WHEN YOU LOG IN, YOU MAY CLICK ON "GRADE DETAILS" IN THE LEFT HAND MENU TO SEE ALL STUDENT ASSIGNMENTS AND CURRENT SCORES IN THE CLASS. THERE IS ALSO A GRADING SCALE AND KEY AT THE BOTTOM OF THE LIST. PARENTS AND TEACHERS CAN SEND MESSAGES TO EACH OTHER VIA ENGRADE PRO.

I AM SURE THAT THIS AMAZING TOOL WILL ENABLE STUDENTS, TEACHERS AND PARENTS TO STAY MORE CONNECTED WHICH WILL ENSURE THE PROGRESS OF STUDENTS.

SUSAN BOUTROS



# MATH MINUTE QUESTIONS

THURSDAY, AUGUST 27, 2015

K

Q: WRITE THE NUMBERS 1 - 5 AND DRAW A NUMBER OF OBJECTS (SUCH AS SUNS, FLOWERS, ETC.) NEXT TO EACH NUMBER TO SHOW HOW MANY ARE IN THAT NUMBER.

GRADE 1

Q: START AT 5 AND COUNT UP BY 5'S TO 50. WRITE THESE NUMBERS ON A PIECE OF PAPER, IN ORDER.

Grade 2

Q: WHAT WILL YOU BE DOING ON THE THIRTEENTH DAY OF SEPTEMBER AT QUARTER PAST 11?



NICHOLAS URKOW, PE/HEALTH

BREAKFAST – DON'T LEAVE HOME WITHOUT IT! IF YOU HAVE BEEN SKIPPING BREAKFAST BECAUSE YOU "DON'T HAVE TIME" OR "AREN'T HUNGRY," YOU HAVE BEEN MISSING THE DAY'S MOST IMPORTANT MEAL. WHILE IT'S TEMPTING TO GET AN EXTRA TEN MINUTES OF SLEEP, NOT EATING BREAKFAST WILL COST YOU IN OTHER WAYS. STUDIES HAVE SHOWN THAT BREAKFAST SKIPPERS HAVE POORER CONCENTRATION, MORE FATIGUE, LESS HEALTHY WEIGHTS, AND EAT LESS FIBRE AND OTHER NEEDED NUTRIENTS. EATING WITHIN AN HOUR OF WAKING UP JUMPSTARTS YOUR METABOLISM AND PROVIDES THE FUEL YOU NEED TO GET THROUGH A BUSY MORNING.

"NO TIME" IS NO EXCUSE:

10 MINUTE BREAKFAST IDEAS

- ♣ COLD CEREAL, MILK, DRIED FRUIT
  - ♣ FROZEN WHOLE WHEAT WAFFLES, YOGURT
  - ♣ LEFTOVER PIZZA AND AN APPLE
  - ♣ WHOLE WHEAT TOAST, CHEDDAR CHEESE, ORANGE JUICE
  - ♣ INSTANT OATMEAL WITH RAISINS, ALMONDS
  - ♣ WHOLE GRAIN BAGEL, PEANUT BUTTER, BANANA
  - ♣ BRAN BAR, CHOCOLATE MILK, GRAPES
  - ♣ YOGURT TOPPED WITH BERRIES AND GRANOLA
  - ♣ SANDWICH WITH LEAN MEAT AND CHEESE
- TRY A BREAKFAST "SMOOTHIE": PUT FRUIT, YOGURT AND JUICE OR MILK IN A BLENDER. ADD A SPOON OR TWO OF BRAN CEREAL OR GROUND FLAXSEED FOR MORE FIBRE. IF YOU'RE SHORT ON TIME, TAKE IT WITH YOU!

DICKENS WAS CERTAINLY GOOD AT INVENTING PHRASES. ONE OF THEM WAS ARTFUL DODGER, WHICH IS USED TO DESCRIBE SOMEBODY INVOLVED IN CRAFTY OR CRIMINAL PRACTICE. ONE OF DICKENS'S CHARACTERS IN OLIVER TWIST (1837) WAS JACK DAWKINS, A WILY PICKPOCKET AND EXPERT MEMBER OF FAGIN'S GANG OF THIEVES. DURING THE STORY THE AUTHOR GAVE DAWKINS THE NICKNAME 'THE ARTFUL DODGER'. ALMOST IMMEDIATELY THE VICTORIAN PUBLIC ADOPTED THE PHRASE AND IT WAS USED TO DESCRIBE ANY CRAFTY ROGUE.

MINETTE VAN DER BIJL

Elementary Counselor's Corner

Dear Parents,  
 'Responsibility' is the first character trait we are focusing on this month in elementary school. We want our students to exhibit the traits of a responsible individual in school and at home. We believe that children do better in school when parents and the school work together to help children succeed in school. Listed below are ways you can use at home to help build responsibility, and to help your child become a more responsible student:

1. Help your child be responsible for school belongings. For example, try a simple cardboard box. Let your child choose a place for the box –perhaps next to the front door. At home, their first job is to place all belongings (backpack) in the box. When homework is finished, it goes in the box as well. In the morning, the box is the last stop before heading out the door.
2. Help your child take responsibility for the consequences of their choices. For example: 'I chose to do my homework; the result was that I got an 'A' on my math test.' "I chose to get up 15 minutes late; the result was that I missed breakfast and was tardy to school."
3. Give your child 1 chore to be responsible for such as taking care of a plant in the garden or in a flowerpot. The positive and negative results of carrying out this responsibility will be very clear.
4. Keep your child moving the morning. For example, after waking up, begin to play your child's favorite CD. Give them until the CD plays through to get dressed for school.

Anna E. Beck  
 Elementary School Counselor